

# **PROJECT W.I.L.L.**

## **(Women Into A lasting Lifestyle)**

1800 N. James H. McGee Blvd, Dayton, Ohio 45417

Clinical Supervisor: Emily Mason, M.Ed., LICDC, LPC

Intake Liaison: Robin McCormick, LSW

To make a referral: Contact the Crisis Care Center at (937)224-4646

### ***Intensive Outpatient...***

Project W.I.L.L. is an intensive outpatient program developed to provide gender specific, as well as trauma-informed treatment in response to the existing and emerging needs of women addicted/dependent upon or abusing alcohol and other drugs. The basic goal is to help the person to get stabilized and to help her understand and accept her addiction; and begin developing the skills necessary to live a sober lifestyle.

The IOP program provides services with a level of intensity through a sequence of three phases. Utilizing an integrated and holistic approach based on evidence-based practices, services are provided for a minimum of nine hours for at least three days per week.

### **Extended Hours and Flexible Schedules**

The program hours are 8:00 a.m. – 5:00 p.m., Monday through Friday, with some evening activities scheduled periodically on Monday, Wednesday, and Thursday from 5:00 p.m.- 8:00 p.m. and some weekends to accommodate working consumers and others with special needs.

### **Admission Criteria**

Admission criteria process is in accordance with the standards set forth by the Ohio Department of Alcohol and Drug Addiction Services (ODADAS) Clinical Protocols.

Consumer is a woman, 18 years of age or older, committed to recovery from her chemical addiction, and is willing to actively participate in the program activities and abide by the rules and regulations that have been identified by the project. Each participant enrolling in the program makes a commitment to complete a minimum of 120 days of intensive therapy. Each and every consumer is empowered and expected to advocate for their needs and to help define how these needs will be met.

Women in need of treatment are able to access services with little to no wait time. Those pregnant are given priority for program admission, usually within 48 hours of completing their assessment and obtaining a referral.

## **Treatment Services**

Project W.I.L.L. is committed to providing a continuum of care and services and programming that are culturally sensitive and that address current rehabilitation needs to assist individuals and their families in the development of effective life skills and resources to live healthy sustaining lives.

- Medical evaluation and Medical Somatic
- Opioid Agonist Therapy
- Psychological Assessment and Evaluation
- Group and Individual Counseling
- Crisis Intervention Services
- Case Management Services
- Urinalysis
- Special Issues Groups
- HIV/AIDS Education and Prevention, Pre/Post Test Counseling and Testing
- On-Site Child Monitor who provides assistance to the mothers in addition to linking them to appropriate child care centers.
- Limited transportation assistance

## **Specialized Groups**

- Women issues: As Mothers, Daughters, Partners, Codependency, Relationships & Family issues, Parenting Skills, Sexuality.
- Anger Management, Relapse Prevention, Drug & Alcohol Education, Dual Diagnosis Recovery /Education Group, Life Skills.
- Trauma and Recovery, Domestic Violence, Coping with Loss, Spirituality, HIV/AIDS education

## **Family Member and Significant Others**

We recognize that involving a woman's family is critical to the success of her treatment and recovery.

- Co-Partners In Recovery Group

## **Referrals**

- Vocational Services
- Educational Services
- Legal services
- Social services